

Supplementary Materials

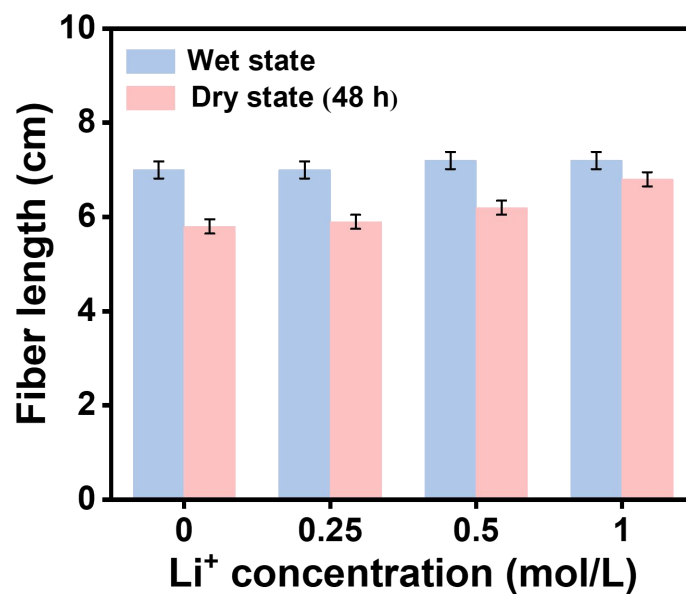
Helical ionotropic gel-fiber sensor with omnidirectional strain perception for multidimensional motion correction in adolescent activity assessment

Jiaxin Xing[#], Xinwei Yi[#], Yuqing Qu, Chenguang Yang, Wenwen Wang, Kun Yan^{*}, Dong Wang^{*}

Hubei Key Laboratory of Advanced Textile Materials & Application, Hubei International Scientific and Technological Cooperation Base of Intelligent Textile Materials & Application, Key Laboratory of Textile Fiber & Product, Ministry of Education, Wuhan Textile University, Wuhan 430200, Hubei, China.

[#]Authors contributed equally.

***Correspondence to:** Prof. Kun Yan, Prof. Dong Wang, Hubei Key Laboratory of Advanced Textile Materials & Application, Hubei International Scientific and Technological Cooperation Base of Intelligent Textile Materials & Application, Key Laboratory of Textile Fiber & Product, Ministry of Education, Wuhan Textile University, Jiangxia District Sunshine Avenue No. 1, Wuhan 430200, Hubei, China. E-mail: kyan@wtu.edu.cn; wangdon08@126.com



Supplementary Figure 1. Water retention of SACL fiber: the wet length of the gel fiber was compared with the length after drying for 48 h; This method assumes that water loss during drying causes fiber shrinkage, and thus a smaller reduction in length from the wet to dry state indicates better water retention: dry length retained ~85%-87% of the wet length at 0-1 mol/L Li⁺.

Supplementary Table 1. Comparable investigates the sensing performances of gel fiber-based sensors in recent literatures

Sensor material	GF	Response Time	Cyclic Stability	Tensile Strength	Elongation at Break	Applications	Ref.
Agar/alginate/CNTs	1.21-1.79	300 ms	1000 cycles of stretching	300 kPa, withstand 1000 times the weight load	TSF can be twisted/knotted without breaking.	Direction, pressure and angle sensing	This work
Oxidized cellulose nanofibrils	0.8128	144 ms	1000 cycles (100 % strain)	3.55 MPa	1715.66 %	Wearable strain sensor	[1]
Carboxymethyl cellulose	/	400 ms	30 cycles (100 % strain)	1.45-4.32 MPa.	Pre-stretching improves ductility	Joint movements	[2]
Silk fibroin	/	Response stability	Excellent cycle stability	455 MPa.	530 %	Protective/perceptual textiles	[3]
Chitosan/polyacrylic acid-acrylamide/ZnSO ₄	4.22	Fast response	60 cycles (50 % strain)	150 kPa	1210 %	Physiological signal detection and motion direction recognition	[4]
Poly(vinyl alcohol)/polyacrylamide	2.32	368 ms	1000 cycles (100 % strain)	268 kPa	2253 %	Motion sensing	[5]
PU@PVA-PEDOT:PSS	0.05	Fast response	2000 cycles (100 % strain)	/	500 %	Smart wearable application	[6]
Lignin/Mxene/Fe ³⁺	0.81~2.80	311 ms	200 cycles (200 % strain)	190 kPa	2139 %	Motion recognition and breathing detection	[7]

REFERENCES

- [1] Li, J., X. Bi, B. Zhou, S. Yang, and C. Yu, Nanocellulose-toughened super-stretchable ionic conductive gel fibers for wearable strain sensors. *International Journal of Biological Macromolecules*, 2025. 299: p. 140227. DOI: 10.1016/j.ijbiomac.2025.140227
- [2] Zhong, L., Y. Zhang, F. Liu, L. Wang, Q. Feng, C. Chen, and Z. Xu, *Muscle-inspired anisotropic carboxymethyl cellulose-based double-network conductive hydrogels for flexible strain sensors*. *International Journal of Biological Macromolecules*, 2023. 248: p. 125973. DOI: 10.1016/j.ijbiomac.2023.125973
- [3] Lu, H., Y. Zhang, M. Zhu, S. Li, H. Liang, P. Bi, S. Wang, H. Wang, L. Gan, X.-E. Wu, and Y. Zhang, *Intelligent perceptual textiles based on ionic-conductive and strong silk fibers*. *Nature Communications*, 2024. 15(1): p. 3289. DOI: 10.1038/s41467-024-47665-y
- [4] Man, Y., Y. Liu, H. Miao, G. Huang, L. Han, L. Tong, X. Fu, C. Zheng, X. Huang, X. Zhang, L. Han, Y. Tang, H. Huang, M. Ge, M. Xu, H. Liu, and Y. Qian, *Stretchable and high sensitive ionic conductive hydrogel for the direction recognizable motion detection sensor*. *Giant*, 2023. 16: p. 100199. DOI: 10.1016/j.giant.2023.100199
- [5] Pan, Kaiqi, et al. "Highly sensitive, stretchable and durable strain sensors based on conductive double-network polymer hydrogels." *Journal of Polymer Science* 58.21 (2020): 3069-3081. DOI: 10.1002/pol.20200567
- [6] Sun, Tiantian, et al. "Strain-insensitive stretchable conductive fiber based on helical core with double-network hydrogel." *Advanced Fiber Materials* 7.3 (2025): 882-893. DOI: 10.1007/s42765-025-00530-z
- [7] Zeng, Zi-Fan, et al. "Lignin nanosphere-modified MXene activated-rapid gelation of mechanically robust, environmental adaptive, highly conductive hydrogel for wearable sensors application." *Advanced Functional Materials* 34.51 (2024): 2409855. DOI: 10.1002/adfm.202409855